



## mBIT Coach Certification

Tapping into the wisdom of your head, heart & gut

21st—24th Feb 2019

Glenroyal Hotel, Maynooth,  
Co Kildare



**What are YOU doing from 21st—24th Feb 2019?**  
**We'll be at the mBIT Coach Certification training in Ireland**  
**learning about mBraining and *you are invited to attend too!***

### What is mBIT?

mBIT can help you to make truly wise decisions and take gutsy action. In times of change mBIT can help you stay in the flow and align your actions, thoughts and feelings.

Isn't it interesting that the latest findings in Neuroscience has proven ancient wisdom that we have not only one, but three brains! In addition to the brain in the head, we also have a brain in our heart and in our gastrointestinal system. These brains communicate with us in three different ways. We don't always know how to listen to them, have them work together in flow to help us make more effective decisions and take courageous action in business, coaching and our personal life.



Enter Grant Soosalu and Marvin Oka, who have created a powerful model, **multiple Brain Integration Techniques (or mBIT for short!)** for accessing the intelligence in all three brains, aligning the wisdom and using it optimally for the best possible results in your work and personal life! Sounds wonderful, doesn't it? So, how and when is mBIT useful?

### Why mBIT?

#### Have you ever ....

- Been pulled between your head telling you one thing and your heart another?
- Or experienced a time when your heart and head were directing you towards something but you just couldn't work up the courage to take action?
- Or maybe you've been struggling to make clear decisions?
- Or had an internal conflict between thoughts, feelings and behaviours?
- Or feel that you are not fully in tune with the real you?



If you, or those you work with, have ever experienced any of the above it is likely that your three brains are not fully aligned. What if you could learn a simple process to assist you, those you work with align and integrate your head, heart and gut wisdom?

#### Who is this for? **mBIT is for anyone who enjoys working with people.**

Are you a coach, trainer, mentor, manager, teacher, therapist, consultant and enjoys developing your skills? Someone who already knows the basics of working with people? If yes, we build on that knowledge and give you a deep understanding of the mBIT toolkit that you can adapt to your own field of work. mBIT tools can be used on their own or as a complement to a variety of other tools and techniques.



### Learn More ...

Learn more about mBIT, your trainers, what you'll discover over the 4 days, what else the course will give you and allow you to do by visiting [www.nlptraininginstitute.com/mBIT](http://www.nlptraininginstitute.com/mBIT) or you may like to give Bernie a call on 087 612 6162.



**NLP Training Institute  
& Reveal Solutions (UK)  
mBIT Coach Certification**

Certified by mBIT International

**Irish Training in 2019**

**Dates:**

- 21st—24th Feb 2019 (inclusive)  
(Thursday to Sunday)
- Training days 9am until 6pm

**Venue:** Glenroyal Hotel, Maynooth, Co. Kildare

**Investment:** €1,300

**Early Bird: €795 (available up to 4th Jan)**

Your investment includes the mBIT book, course manual, certification and tea/coffee daily

**— Filling out this form —**

**• Payment Process:**

- **Via the website**  
Visit [www.nlptraininginstitute.com/mBRAINING](http://www.nlptraininginstitute.com/mBRAINING) & Click on the button
- **Electronic Transfer**  
NLP Training Institute  
BIC BOFIE2D  
IBAN IE19BOFI90470487241762
- **Cheque or Bank Draft or Postal Order**  
You can send 1 cheque/Draft for the full amount to NLP Training Institute, Administration Office, 27 Pheasant Walk, Collins Ave, Dunmore Road, Waterford
- **Deposit with Payment Plan:** We offer a flexible option of paying for the training in two or more installments. For this send your deposit of €200 and we'll agree payment dates for the balance

- **Unable to Attend:** Having booked on if you are unable to attend the training programme, you may defer to a later programme or provide a substitute delegate at no extra charge

- **Form:** Please print your details clearly and remember to include your first name and contact number then scan and email or post this form to us by return

- If paying by **Cheque/Bank Draft/Postal Order, or Electronic Transfer** fill in section **1 & 2**

**Booking Form**

**Visit our Websites**

(w): [www.nlptraininginstitute.com](http://www.nlptraininginstitute.com)  
(w): [www.revealsolutions.co.uk](http://www.revealsolutions.co.uk)  
(e) : [bernie@nlptraininginstitute.com](mailto:bernie@nlptraininginstitute.com)



**Bernie**



**Mark**

**— Section 1 — Programme Details**

I wish to attend the following programme::

- mBIT Coach Certification, Glenroyal Hotel, Maynooth, Co Kildare  
21st—24th Feb 2019 (inclusive)  
OUR REF: mBIT2019/GC/BM

**— Section 2 — Your Details**

Name:

First Name

Surname

Occupation:

Address:

Tel: (h):

(w)

Email:

Mob:

So we can ensure your name badge is correct, please print your name as you would like it to appear on your badge

**Name as on badge:**

First Name

Surname

**Tick one of the following:**

- I will pay via the website [www.nlptraininginstitute.com/mBRAINING](http://www.nlptraininginstitute.com/mBRAINING)
- I enclose a cheque/Bank Draft as full payment
- I will make an electronic transfer payment
- Please invoice my company as per details in **Section 3**

**— Section 3— Your Company Details (If Applicable)**

Invoice for the attention of:

Department:

Address:

Purchase Order Ref: